

# About Naloxone

Naloxone is a life-saving medication that can reverse an overdose from opioids — including heroin, fentanyl, and prescription opioid medications—when given in time.


## HOW TO IDENTIFY AN OVERDOSE

1




Unusual sleepiness or unconsciousness

2




Slow, shallow or difficulty breathing

3



Small, constricted pinpoint pupils that don't react to light

4



Cold, clammy, pale or blue skin (especially in nails or lips)

5



Slow heartbeat or low blood pressure

Give Naloxone immediately if you think someone is overdosing.

Remember, it only works if you have it on hand!

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It is also safe to give someone Naloxone even if it turns out opioids are not present in their system.

### If you suspect an opioid overdose, act fast:

- Administer Naloxone nasal spray immediately.
- Call emergency services (911) for further assistance.
- Stay with the person and monitor their condition until help arrives.

# HOW TO USE

## Naloxone HCl Nasal Spray



1

STEP 1

### Check if you suspect an overdose

- CHECK for a suspected overdose: the person will not wake up or is very sleepy or not breathing well
- Yell “Wake up!”
- Shake the person gently
- If the person is not awake, go to Step 2



2

STEP 2

### GIVE 1st dose in the nose

- HOLD the nasal spray device with your thumb on the bottom of the plunger
- INSERT the nozzle into either NOSTRIL
- PRESS the plunger firmly to give the 1st dose
- 1 nasal spray device contains 1 dose



3

STEP 3

### CALL 911

- CALL 911 immediately after giving the 1st dose



4

STEP 4

### WATCH/GIVE

- WAIT 2 to 3 minutes after the 1st dose to give the medicine time to work
- If the person wakes up: Go to Step 5
- If the person does not wake up:
- CONTINUE TO GIVE doses every 2 to 3 minutes until the person wakes up
- It is safe to keep giving doses



5

STEP 5

### STAY

- STAY until ambulance arrives: even if the person wakes up
- GIVE another dose if the person becomes very sleepy again
- You may need to give all the doses in the pack

For more information, we recommend visiting the Substance Abuse and Mental Health Services Administration website at [www.SAMHSA.gov](http://www.SAMHSA.gov)